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## **Dr. Liz is Honored by the Patriots' Path Council of the Boy Scouts of America**

**Franklin Township, NJ, September 26, 2016** – Dr. Elizabeth R. Henry (Dr. Liz), founder of Dr. Liz Consulting, a business focused on making a difference in the lives of teens, was honored by the Patriots' Path Council of the Boy Scouts of America at their annual Tribute to Women Awards Luncheon on September 22 at the Metuchen Golf and Country Club in Metuchen, NJ.

Dr. Liz is a speaker, facilitator, author and consultant who leads powerful and thought provoking empowerment programs for teens and young adults to realize their true potential and greatness. She helps young people to have the confidence to achieve their goals and the conviction to make the powerful choices needed to transform their lives. Teens benefit from learning how a shift in their mindset will allow them to move forward toward being what they dream they can be.

As a youth consultant to organizations, high schools, colleges and universities, Dr. Liz has worked with the Girl Scouts and other national groups that focus on teen and parental issues. Her interactive, custom designed seminars give participants the tools they need to effectively communicate and connect with young people. She provides insight and guidance to parents, teachers, and others so they can have a healthy and productive relationship with teens.

A resident of Franklin Township, NJ, Dr. Liz has received many honors for her work with youth and service to the community. NJBIZ, one of the leading business publications in New Jersey, named Dr. Liz a Healthcare Hero finalist in the Education Hero-Individual Category and one of the Top 50 Women in Business. She also has received community service awards from the National Association for the Advancement of Colored People (NAACP) and Alpha Kappa Alpha Sorority, Inc.

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### **About Dr. Liz**

Dr. Liz is highly regarded as a leading expert on the health and well-being of teens. A board certified pediatrician and founder of Dr. Liz Consulting, she practiced medicine for seventeen years before dedicating her full attention to working with teens and their parents. She graduated from Princeton University and the University of Pennsylvania School of Medicine. Her pediatric residency was at Georgetown University Hospital and she worked at the Children's Hospital of Philadelphia before going into private practice. Dr. Liz is a fellow of the American Academy of Pediatrics and a member of the American Medical Association, New Jersey Medical Society, and Middlesex County Medical Society. She is also a board member of Raritan Valley Community College Foundation, lifetime Girl Scout and member of Alpha Kappa Alpha Sorority, Inc.